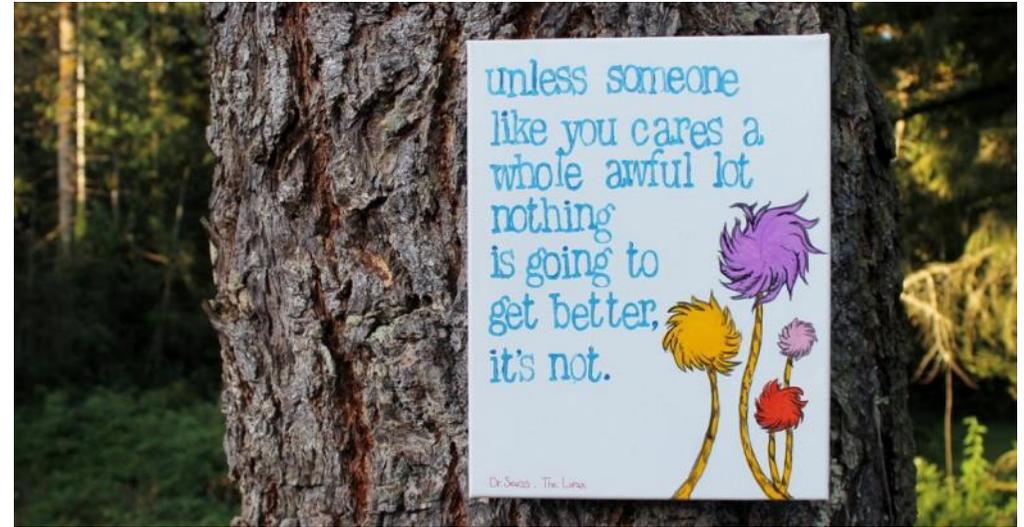




VOLUNTEER!

Who ME? Yes, YOU!



community ✪ environment ✪ sustainability ✪ education

Mount Pleasant Natural Resource Centre Inc.
 Ph. 8568 1907 E. mpnrc@bigpond.com www.mpnrc.org.au

MPNRC supported by the Adelaide & Mount Lofty Ranges & the SA Murray Darling Basin Natural Resources Management Boards, The Barossa Council, & our amazing volunteers.



The Mount Pleasant Natural Resource Centre Inc. is looking for someone just like you.

Yes, that's right - you. Someone who cares about their community, has a bit of extra time, and can apply their knowledge and skills to contribute to our goals of promoting sustainable living and environmental connection.

No PhDs required - just a desire to make your community a better place to live.



So what do we do exactly?

We believe in finding practical ways to inspire change and build capacity in our community to live sustainably.

We established the Mount Pleasant Farmers Market which supports our local farmers and gives community access to farm-direct wholesome fresh food. We run a community garden where produce and knowledge are shared freely, and a fortnightly Community Fruit & Veg Swap where people can meet their neighbours while sharing their garden's bounty.

We inspire up-cycling and creative material reuse with our Recreate community fundraising project. We present a variety of community workshops and practical training: from how to identify native grass species, to teaching self-sufficiency skills

like preserving, to Rethink Waste workshops such as crochet rag rug making.

From helping you identify a weed, providing information on how to revegetate your creek, or how to attract native bees to your garden: if you have a question, we try and help.



What do volunteers do? The short answer is – anything and everything!

Some contribute a few hours a week for basic garden care, or apply their crafty-ness to up-cycle 'waste' material into all manner of fabulous items to sell in our fundraising Recreate shop. Some help in the office for a day or two; some help build and fix our community buildings. Some can only help out for a short while, while others make a longer commitment. Some are students, others retired, and everything in-between. All skill levels are valuable.

And we regularly enjoy good conversation over hot cuppas!



So how do I get involved?

Please contact our Coordinator Faye McGoldrick on (08) 8568 1907 or email mpnrc@bigpond.com for more information on our volunteer program. Check our website www.mpnrc.org.au

We can't wait to welcome you on board!

BE PART OF THE 30% OF ADULTS IN SA GIVING THEIR TIME TO THEIR COMMUNITIES & JOIN OUR VOLUNTEER TEAM.
MAKE YOUR NEIGHBOURHOOD & WORLD A BETTER PLACE.